

JETÉ+

Dance Curriculum



A holistic and progressive dance curriculum
to develop well-rounded dancers

Every child is gifted

and a nurturing and creative environment is what it takes to identify your child's individual talent.

THE JETÉ⁺ DANCE CURRICULUM

is a unique and well-researched dance pedagogy developed by Ms Pang Ling, our Principal Dance Instructor with more than 20 years of experience. It focuses on developing a **strong Classical Ballet foundation**, while progressively exposing your child to **complementary dance genres** suited to their developmental age and ability.

COMPLEMENTARY DANCE GENRES

- Improve **body awareness, creative expression** and **versatility**
- **Strengthen** the Classical Ballet foundation

complementary dance genres

ballet

BALLET

- Has the **most established** dance education program internationally - the RAD Classical Ballet Syllabus
- Improves **body posture, strength** and **grace**
- Instills precious qualities such as **discipline, dedication** and **excellence** that apply to other aspects of life



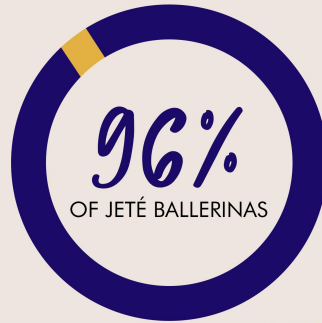
WE CARE FOR YOUR CHILD'S



That is why we specially designed the *Jete+ Dance Curriculum* developed through decades of dance experience and a deep understanding of how the dance scene has evolved. It offers your child the best of both worlds — the rigor of a Classical Ballet education and a creative environment to realise their fullest potential in the wider world of dance.

What do dancers say?

In 2020, we surveyed over 100 dancers (aged 10 - 31) to understand their interests and insights about dance*.



VERSATILITY IS THE KEY TO SUCCESS IN THE PROFESSIONAL DANCE SCENE

says **90%**

of professional dancers and teachers, who felt that multi-genre training gave them an advantage over others.

...AGREE THAT ONE GENRE IS NOT ENOUGH

TOP REASONS THAT JETÉ BALLERINAS WANT MORE...

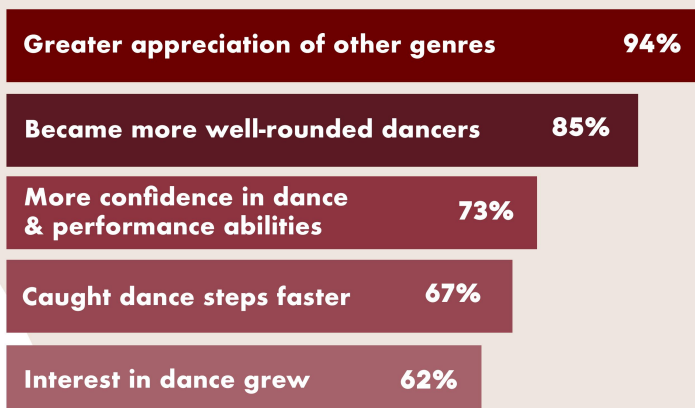
Out of GENUINE INTEREST

To become a more WELL-ROUNDED DANCER

To build a STRONGER FOUNDATION

LOOKING BACK.

ADULT DANCERS BENEFITED FROM LEARNING MULTIPLE GENRES



*Survey respondents include existing Jeté students and adult dancers, some of whom are lawyers, bankers, healthcare professionals, professional dancers and teachers

Curriculum

The Jeté+ Dance Curriculum consists of 2 structured phases to provide both **depth and breadth** to our dance training.

2 DEVELOPMENT PHASE

(Ballet & CG)

has a curated selection of non-ballet Complementary Genres ("CG"), developed in close collaboration with our supporting teachers.

6 ballet + 2 CG

SEP - OCT

6 ballet + 2 CG

JUL - AUG

6 ballet + 2 CG

MAY - JUN

1 EXAMINATION PHASE

(Intensive Ballet Training)

focuses on honing Classical Ballet techniques in preparation for the prestigious Royal Academy of Dance (RAD) examinations.

8 ballet

MAR - APR

8 ballet

JAN - FEB

8 ballet

NOV - DEC



- Each term (e.g. Jan to Feb) spans 8 weeks, with 1 class per week.
- The 2 CG classes will fall on weeks 7 and 8 of each term.

COMPLEMENTARY GENRES



Stage & Musicality

For pre-school ballet students (3 - 4 years)

Our specially-curated lessons utilise familiar Disney songs, props, and immersive fairytale storylines. These fun and expressive lessons are aimed at **inspiring a strong love for performing** in your child from a young age. Most of all, they instill **confidence, creativity and a sense of rhythm**. Parents are strongly encouraged to join in the fun!

Hip-hop Basics

For pre-primary & primary ballet students (5 - 6 years)

Hip hop is an energetic dance genre well-loved by many. It integrates upbeat music with powerful steps to **cultivate rhythmic groove**. It also combines both fluid and sharp movements, training **strength and stamina**, which are important for the execution of the allegro section of the RAD Classical Ballet exam.



Jazz Basics

For Grades 1 & 2 ballet students (7 - 8 years)

The full-bodied nature of Jazz is great for **training clean lines and precision**. With strong emphasis on sharp turns, high leaps and quick footwork, it is a fun and effective way to **develop muscle strength and reinforce Classical Ballet techniques**. Students demonstrating potential and interest in pursuing Jazz further may enroll into the CSTD Jazz examinable curriculum.



Introductory Gymnastics

For Grades 3 & 4 ballet students (9 - 10 years)

Physical conditioning in **strength and flexibility** for children in this age group is essential to build confidence in their body's abilities, **improve muscle control whilst avoiding injury**, and to create beautiful, elongated Classical Ballet lines. This class will focus on a range of basic gymnastics skills such as flexibility technique, walkovers, and handstands. Students will be encouraged to progress at their own pace in a safe environment.



Lyrical Contemporary

For Grades 5 & above (11 years & above)

Our lyrical contemporary lessons focus on developing **emotional maturity and strong movement quality** in our advanced dancers. This highly technical class will enhance our dancers' **body awareness** through training in floor work, movement intricacies, and connection with other dancers. Advanced dancers will also be exposed to improvisation and choreography techniques to develop their **individual artistic expression**.

*Our gymnastics teachers are trained extensively in both ballet and rhythmic gymnastics. They have represented Singapore as national team members and have close to a decade of professional coaching experience in elite Secondary schools and Junior Colleges.

**Our Jeté* course offerings are aligned with the survey results

JETÉ

BY TRUDANCE

At Jeté Studios.

it's about becoming
the best dancer,
and the best person
you can be.



Tampines Plaza
5 Tampines Central 1
#06-04, Singapore 529541
Phone: +65 6988 3175
Email: enquiries@jetestudios.com